

National Association of Women in Construction



Career

Education



Future



THE CONNECTION

Connecting leaders and members
to news from NAWIC

July 2015

Stay Ahead! The Connection is designed to keep you informed with pertinent Association news. Read up on timely announcements and messages from the NAWIC Board, and learn about the outstanding activities our regions, chapters and members are involved in!

ANNOUNCEMENTS

Get connected to what you need to know!

2015-2016 National Officers Announced

NAWIC recently held National Officer Elections for the 2015-2016 year, and your votes are in!

NAWIC's national officers for the 2015-2016 year will be:

NAWIC President – Riki F. Lovejoy, CBT, CIT
NAWIC President-Elect – Connie M. Leipard, CIT
NAWIC Vice President – Stephanie K. Crane, CIT
NAWIC Secretary – Diane I. Mike, CBT
NAWIC Treasurer – Jennifer M. Swinney, CBT, CDS, CIT
NAWIC Immediate Past President – Sandy K. Field, CBT, CIT

Congratulations, ladies!

Book Your Room at Conference Hotel Online

NAWIC has secured a special rate at the Omni Nashville Hotel for attendees of the 60th Annual Meeting and Education Conference (AMEC). Rooms are \$149 for a single or double and \$159 for a triple or quad.

The best way to ensure that you receive this rate is to go to the website here to book your room. Room rates are guaranteed if booked by Aug. 17, 2015.

Register for the 2015 AMEC at NAWIC Online

Don't miss out on NAWIC's 60th Annual Meeting and Education Conference in Nashville, Tenn., Sept. 2-5, 2015. AMEC is a wonderful opportunity to experience the power of NAWIC! In addition, NAWIC turns 60 this year. Don't miss the celebration at this year's AMEC. Registering online is quick and easy. You can pay by check, VISA, MasterCard, American Express and Discover. Registration is now \$745 online and onsite for members and \$845 for nonmembers. For more information and to register, go to www.nawicconvention.org/.

How to Get Approval from Your Employer to Attend AMEC

Will your employer pay to send you to NAWIC's Annual Meeting and Education Conference? If you don't ask, the answer is always, "no." Here are four steps you can use to build a business case for attending NAWIC's Annual Meeting.

- Write down the top three to five most important issues being addressed in your organization right now.
- Think about how you personally contribute to addressing those issues. How is your work aligned with the larger organization's strategy or mission? Make a list of these "personal contributions to issue resolution."
- Look at the proposed agenda for the meeting, and mark the sessions you want to attend that relate to your list of personal contributions to issue resolution.
- Write a short business case for how attending these sessions will help you contribute to the organization's strategy. Use this business case to make your request for attending the meeting.

Chapter Table Sales Deadline Has Arrived

Plans for NAWIC's 60th Annual Meeting and Education Conference are well under way. The NAWIC Mini Trade Show will be held on Wednesday, Sept. 2 from 10 a.m. to 6 p.m. and Thursday, Sept. 3 from 1:30 p.m. to 6 p.m.

Chapters and Regions are invited to participate in this event. This program is being offered as a cost-effective method for chapters to increase non-dues revenue by increasing sales of their NAWIC items. Each chapter will be responsible for collecting sales tax on the items that they sell at convention. A form will be given to you so you can give the NAWIC staff your sales tax money. The NAWIC office will pay for all sales tax with one check.

Tables are available to chapters at \$100 per table. A maximum of two chapters may occupy one table. Region tables, for three or more chapters, are also available for \$150. Space is limited and all tables will be reserved on a first-come, first-served basis.

All reservations for tables must be returned to the NAWIC Office no later than July 1, 2015. However, NAWIC encourages chapters to return their forms as soon as possible so they may be listed in the Conference Program. A check, made payable to NAWIC, must accompany the Reservation Form. Sorry, no verbal commitments or requests will be honored. For more information, contact Dede Hughes at dedeh@nawic.org.

NAWIC members love to buy NAWIC items. Don't miss out on this once-a-year opportunity to display your items and network with NAWIC members. Click [here](#) for Marketplace rules and reservation forms. Return your form today!

Send in Chapter Leadership Updates

The deadline is July 15, 2015.

Your 2014-2015 chapter officers should be elected by June 30. Current chapter presidents should complete the Chapter Leadership Update Form, and return it to the NAWIC Office as soon as the results are in but no later than July 15. The Chapter Leadership Update Form was emailed to all chapter presidents on May 26, 2015. Please note: We only maintain records for the offices of president, treasurer and membership chair. To download a Chapter Leadership Update Form, go to www.nawic.org > Member Center > Member Forms.

Advertise in the Daily Bulletin

Would you like to promote your company, announce news or recognize or congratulate someone at the 2015 Annual Meeting and Education Conference? If so, consider advertising in The Daily Bulletin, a daily newsletter distributed to all attendees

at NAWIC's Annual Meeting and Convention on Wednesday, Thursday, Friday and Saturday.

Advertising in The Daily Bulletin is an inexpensive and convenient way to reach members attending AMEC in Nashville, Tenn. To advertise, complete The Daily Bulletin Advertising Form located [here](#). Return the form by July 23, 2015 to autumnd@nawic.org to be included in the Wednesday edition of The Daily Bulletin.

Please note, if you plan to purchase a Daily Bulletin ad on site at AMEC you must supply a camera-ready ad or choose from a limited number of pre-designed templates that will be available.

Limited space is available—first come, first served! For more information, contact autumnd@nawic.org.

Don't Forget to Turn in Your AMEC Credentials

Remember to register for NAWIC's 2015 AMEC in Nashville, Tenn. Then, remember to send in your credential forms.

Your credential forms may be found at www.nawicconvention.org > Credentials and are due to the NAWIC Office on or before July 3, 2015. You may learn more about credentials there as well. Please remember to register for AMEC before you send in your credentials.

We look forward to seeing you in Nashville for NAWIC's 60th Annual Meeting and Education Conference!

NAWIC Members - Discover The New Logistics



Logistics has always been about getting things where they need to be exactly when they need to be there. And doing it as efficiently as possible. The NAWIC/UPS Savings Program is here to help NAWIC Members do just that at a discounted rate.

Package Shipping

- NAWIC Members save up to 28 percent on UPS Next Day Air® and Worldwide Express® with the UPS Savings Program, an unmatched selection of package delivery services at a discounted rate.

Freight Shipping

- NAWIC Members with LTL freight shipments of 150 lbs. or more, receive customized discounts for all three types of freight shipments — regional, interregional and long haul. Call for a free savings analysis or quote.

Enroll online!

Call: 866.443.9303, ext. 4082

Email: upsfreightassociations@ups.com

To learn more, visit savewithups.com/nawic

NAWIC store closing soon

Due to NAWIC's Annual Meeting and Education Conference, the NAWIC Store will close on Thursday, July 30. The store will re-open on Monday, Sept. 21. Store orders received between July 30 and Sept. 21 will be processed after Sept. 21. If you are attending AMEC, you may purchase store merchandise onsite. If your order is urgent, please contact Crissy Ingram at 817-877-5551 or via email at crissy@nawic.org.

CORNERSTONE

Get connected to the latest news from NAWIC Committees.

Membership

By Vickie Nickel, CIT, NAWIC Membership Chair

A Picture is Worth 1,000 Words

We've all heard the adage "A picture is worth 1,000 words." Well, it's true. I will buy a magazine for the pictures.

Pictures tell a story. They capture moments and events we want to remember and who we share our time with. Pictures are meant to be shared. Pictures stir emotions within us.

While I was only able to attend Region 6 Forum, I felt like I attended all the regional forums because of many pictures and posts on Facebook. Attending this year's forum was like a stroll down memory lane as Region 6 celebrated its 40th anniversary. There were many scrapbooks and memorabilia that told a story of progress for women in construction. We reminisced about how technology has changed NAWIC because back then, there were no iPhones, Internet, laptop computers, email, LinkedIn, Facebook or Wi-Fi.

A primary goal of marketing is to stay on people's mind so when there is an opportunity to renew, join, sponsor, or support our purpose, they think of NAWIC. There is always a "Kodak moment," so let your pictures tell the stories that you want members, prospects, industry liaisons, etc. to know about NAWIC. This is how we strengthen our relationships, retain and recruit new members. Tell your stories on a regular basis by posting pictures of networking, professional education (membership meeting, speaker), scholarships, and community service projects just to name a few. Just think, your pictures just might get a member engaged in coming to a meeting or joining a committee!

Target Goal: Tell a NAWIC story this month with pictures

Picture yourself in Nashville, Tenn., Sept. 2-5, 2015 for NAWIC's 60th Annual Meeting & Education Conference (AMEC).

U.S. Transportation

By Cari L. Durbin, NAWIC U.S. Transportation Chair

Technology is here. It is evolving so quickly and the transportation industry is no exception. Data collection and the use of data to improve every facet of transportation is essential. Focus on world class transportation to maintain economic competitiveness and prosperity for everyone is the commitment of regional representatives in business, government, real estate, housing, and local advocacy groups. Through two programs from USDOT, Transportation For America (T4America) and Transit Center, the Transportation Innovation Academy is committed to improving urban transportation by sharing knowledge and best practices to make ideas on paper turn into real benefits. In many areas these benefits already exist, which connect people to jobs centers, education, and pathways to revitalize distressed neighborhoods. These are all benefits for the economy and the construction industry.

For innovations, think about connected vehicle technology. It is here too! This is not just a futuristic story about cars that drive themselves or traffic signals that automatically adjusts to traffic patterns. This is the next generation of automotive technology. It is essential that roads and highways are safer. Building those systems to improve safety standards will eliminate many crashes each year and make the ones that still occur more survivable. Research and the implementation of wireless communication for cars, trucks, buses, and motorcycles will soon be available for real-time information on speed, position, road conditions, and more. Imagine the technology that helps drivers recognize pre-crash events and respond to them. Improved mobility helps everyone. For example, alternative routes and identifying locations for ride sharing and parking relieve congestion and save gas.

Yes, technology is here and changing every day.

NAWIC/OSHA Alliance

By Schelle Wood, NAWIC/OSHA Alliance Chair

Personal Protective Equipment

Temporary workers are entitled to the same protections under the Occupational Safety and Health Act of 1970 (the OSH Act) as all other covered workers. When a staffing agency supplies temporary workers to a business, typically, the staffing agency and the staffing agency's client (also known as the host employer) are joint employers of those workers. Both employers are responsible to some degree for determining the conditions of employment and for complying with the law. In this joint employment structure, questions regarding which employer is responsible for particular safety and health protections are common. We will identify who is responsible for

providing personal protective equipment (PPE) pursuant to the PPE Hazard Assessment conducted for task(s) the workers will be performing, as well as training necessary for temporary workers. PPE may include items such as gloves; safety glasses and shoes; earplugs or muffs; hard hats; respirators; or coveralls, vests, and full body suits.

OSHA requires the use of PPE¹ to minimize worker exposure to hazards when engineering, administrative controls, and work practices are not feasible or effective in reducing exposures to acceptable levels. Employers must conduct a hazard assessment to determine if PPE should be used to protect their workers and what type of PPE is appropriate, including any necessary respiratory protection. 29 CFR 1910.132. Employers must also provide training to workers who are required to use PPE and they must ensure that defective or damaged equipment is not used. In some instances, such as when respiratory protection is used, medical evaluations may be required. See 29 CFR 1910.134 for specific requirements for respiratory protection.

Employers must provide and ensure the proper use and maintenance of PPE when it is required by OSHA standards or by the employer. Proper maintenance includes cleaning and decontaminating PPE, and sanitizing shared PPE. As joint employers of temporary workers, both the host employer and the staffing agency are responsible for ensuring that adequate PPE and associated training is provided. The host employer will usually have the primary responsibility for selecting, providing and ensuring the use of adequate PPE for the process(es) or operation(s) to which workers have been assigned because:

- The host employer is most familiar with the workplace hazards that the temporary workers will encounter.
- The host employer generally controls the workplace hazards and the worker's activities around, and interaction with, those hazards.
- The host employer is usually best situated to perform the hazard assessment required for determining if PPE is necessary and will likely have already done so for its permanent staff. 29 CFR 1910.132(d).

The staffing agency shares responsibility for its workers' safety and must take reasonable steps to ensure that the host employer conducts the appropriate hazard assessment and provides adequate PPE. To this end, the staffing agency should become familiar with the hazards at the host employer's worksite and maintain communication with its workers and the host employer. Such pre-planning and ongoing communication also alerts the staffing agency to persistent or newly-created workplace hazards that may need to be addressed. Employers must provide training to each worker who is required to use PPE. The training must teach, at minimum, when PPE is necessary.

Twenty-seven states and U.S. territories have their own OSHA-approved occupational safety and health programs. These state plans have and enforce their own occupational safety and health standards that must be at least as effective as OSHA's, but may have different or additional requirements. A list of the state plans and more information is available at www.osha.gov/dcsp/osp.

How can OSHA help?

OSHA provides help to employers. OSHA's On-site Consultation Program (www.osha.gov/consultation) offers free and confidential advice to small and medium-sized businesses in all states across the country, with priority given to high-hazard worksites. For more information or for additional compliance assistance, contact OSHA at 1-800-321-OSHA (6742), or visit their website at www.osha.gov.

1. There are very specific exceptions to this rule. To see the list of PPE and the circumstances under which the employer is not required to provide it, see 29 CFR 1910.132(h) and 29 CFR 1926.95(d).

PR and Marketing

By Wanda J. Bledsaw, NAWIC PR/Marketing Chair

NAWIC Nation

PR/Marketing local chairs and region chairs are all pushing forward for Take Aim for NAWIC this term. As your national chair, I am compiling great PR/Marketing newsletters and press releases.

I have received examples from all across the NAWIC Nation in order to post on your national NAWIC website tab for PR/Marketing.

Sisters, we are the rock that produces potential members. Membership and PR/Marketing go hand and hand. Always bring your press releases back home to your chapter with a simple email or website address. I have pounded this so many times this term. It's Marketing 101.

I am extremely proud of so many chapters in the NAWIC Nation that have produced so many press releases and posts on social media. We are all volunteers and we truly rock!

NATIONAL OFFICER'S MESSAGE

NAWIC Treasurer Stephanie Crane Welcomes New Board of Directors

By Stephanie K. Crane, CIT, NAWIC Treasurer



By the time you read this, our membership will have elected the 2015-2016 national Board of Directors and I know regardless of the outcome, our Association will be in great hands. This election has been exciting because we've had the opportunity to choose not just from two candidates, but three for the role of Vice President. All of these women, including myself have the best interests of our Association and our members at heart and will work hard to keep our Association moving forward.

The coming year will be different for most of us, with the merging of regions being at the top of the list. I can already see from my travels during Forum, our members are beginning to embrace this new challenge and are excited about the idea of mentoring not just individuals, but the chance for entire chapters to mentor other chapters. Merging our regions and making them larger is giving our chapters the chance to talk about what works for them and get ideas from other chapters. I know the Southeast Region is very excited about a program our Director-Elect, Angie McElroy, has started for our chapters. I for one am happy to see our members beginning to come together as one and share ideas.

Remember, change is a constant and from change we can always find a positive. Let's use this opportunity to engage ourselves and our NAWIC sisters in continuing to make NAWIC a valuable and relevant association in the construction industry. Our membership continues to grow and with your help and determination we can continue to grow NAWIC and continue to build future leaders for our Association and our industry. Let's get involved, stay involved and let's mentor our new members into becoming the future leaders we need to continue the forward progress we've begun.

How can we do that? Education, first and foremost. Make sure your chapters are holding meetings with speakers relevant to the industry and who keep your members engaged. Yes, we all have a very diverse group of women in our chapters, but if we continue to engage them all through educational speakers, then we've just taken our first step into retaining our current members. Membership renewal is the key to growth. Show members the value NAWIC offers and we'll retain their membership, which will lead to them passing along the word that NAWIC is the place to be.

The value of NAWIC goes well beyond just education. We all know that, so let's go out there and tell everyone why we're members of NAWIC and why they should be too! The growth and future of NAWIC is in the hands of each and every member. Let's do this!

See you at AMEC in Nashville!

Highlights

Discover how members and chapters are enhancing their success.

NEF's 2015 National Block Kids Winners Have Been Announced

The winners of the NAWIC Education Foundation's 2015 Block Kids competition have been selected.

First Place Winner

Andrew Gusso

Grade 2 – Brandon, S.D.

“Car Bridge”

Region 13, Greater Sioux Falls Chapter #237

Second Place Winner

George Nations

Grade 5 – Tomball, Texas

“Off-shore Drilling Rig”

Region 7, Houston, Texas Chapter #3

Third Place Winner

Ethan Lau

Grade 2 – Wichita, Kan.

“Trash Recycle/Electricity Generation Plant”

Region 6, Greater Wichita, Kan. Chapter #120

NEF's 2014-2015 CAD Design/Drafting Winners Have Been Announced

The winners of the NAWIC Education Foundation's 2014-2015 CAD Design/Drafting competition have been selected.

First Place

Nelsson Wu

Sponsor: Region 1
Chapter #240

Second Place

Justin Tejada

Sponsor: Pacific Northwest Region
Chapter #91

Third Place

Josh Gremillion

Sponsor: Region 7
Chapter #3

Honorable Mention

John Vincent

Sponsor: Region 14
Chapter #52

2014-2015

CAD Hand Drafting

First Place Winner

Fidel Ramos

Sponsor: Pacific Northwest Region
Chapter #192

Teresa Kee Wins This Year's IPAF President's Award

The International Powered Access Federation (IPAF) recently awarded NES Rentals' Teresa Kee with the 2015 IPAF President's Award. Kee is the Director of Environmental, Health and Safety at NES Rentals. It was announced that Kee was the award winner during IPAF's annual general meeting held in Washington, D.C.

The IPAF President's Award honors and recognizes the commitment of individuals in furthering the aims and objectives of the Federation.

Presenting the award, outgoing IPAF president Steve Couling said, "Teresa has helped develop and promote online learning and chairs the IPAF North American Regional Council. She has spoken at key industry events and has made a valued contribution in the United States and Europe."

Kee is a member of the Chicago Metro Chapter of the National Association of Women in Construction.

Source: International Powered Access Federation, www.ipaf.org

NAWIC Greater Rochester, NY Chapter Member Awarded with Member of the Year



Melissa Geska, President of the Greater Rochester, N.Y. Chapter of the National Association of Women In Construction (NAWIC), was recognized as Member of the Year at NAWIC's Northeast Region 14 Spring Forum in Portsmouth, N.H.

Geska is the founder and President of US Ceiling Corp, a commercial construction company in the Rochester, N.Y. area that focuses on drywall, insulation, metal stud framing, suspended ceilings and finish carpentry. US Ceiling Corp has been in business since 2001, and currently has 50 employees. Geska's role includes oversight of operations, estimating, company finances, creation of company culture, PR/marketing, human resources, and compliance with safety regulations.

In 2013, she was recognized by the Urban League of Rochester, N.Y. as the Small Business of the Year. She works with the Urban League of Rochester's Youth Build and J.O.L.I (Job Opportunities for Low Income Individuals) programs and has in the last several years hired more than 15 individuals from those programs.

Geska works with young women in the Young Women's College Prep Charter School of Rochester, N.Y. Young Women's College Prep Charter School (YWCP) offers young women from the city of Rochester the opportunity to learn in a single gender environment, free from stereotypes, where a strong focus is placed on preparation for college enrollment and graduation.

US Ceiling is a Minority, Woman-Owned Construction Firm; MWBE certified with Empire State Development, DBE certified with the NYS Department of Transportation, 8A certified with the Small Business Administration, and a graduate of the

Urban League's SBA Small Business Teaming Pilot Program. US Ceiling was honored as a Fast Start company in the Rochester Business Journal's October 2014 edition.

NAWIC has been helping women for almost 60 years take advantage of the opportunities in construction, and in the Rochester area, since 1985. Establishing a network base, mentoring, providing educational and professional opportunities for women in construction is the common goal within our association.

The Greater Rochester, N.Y. Chapter holds a meeting on the first Wednesday of each month. This is an opportunity for our members and guests to network and enjoy a professional education speaker with a construction industry topic.

Check out the Greater Rochester, N.Y. Chapter's website at www.nawicrochester.org.

Source: NAWIC's Greater Rochester, N.Y. Chapter, www.nawicrochester.org

REGIONAL ROUNDUP

Region Directors report on NAWIC activities across the country.



Midwest Region (6) | Debbie Speake

I'd like to give a big congratulations to the newly elected national Board of Directors and chapter Board of Directors. It is always refreshing to see so many willing to step up to a leadership position. July is a great time to start transitioning from the current board to the new board and getting committee positions filled. If you start now, then you will be ready to go on Oct. 1.

Have you registered for AMEC? If so, I can't wait to see you there. If not, it is not too late. You do not want to miss out on the greatest event of the NAWIC year. NAWIC President Sandy Field has planned an outstanding event with every single moment of each and every day filled with learning and networking. Register today to be a part of all the exciting things happening in NAWIC.

Plans are already underway for APC this coming fall. Look for details coming soon.



North Central Region (4) | Anne Pflieger, CIT

July marks the start of the last quarter of the NAWIC year and the North Central Region is on fire! Only 30 members are needed to reach national's goal. While we are all racing to the finish line to meet national's goal before NAWIC year end, we should also be thinking about retaining our new and seasoned members. This can be done in number of ways from personal calls to surveys, keeping in mind that it is important to listen to what members have to say. Artist David Hockney once said, "Listening is a positive act: you have to put yourself out to do it."

Listening to the members of the North Central Region and using the Michigan Chapter's example of holding an annual joint chapter meeting, the Columbus, Ohio Chapter and I have planned the first Ohio joint chapter meeting on Aug. 8. Continuing the 2014 Annual Planning Conference (APC) theme of Connect-Collaborate-Construct members from the six chapters in the state are coming together to network, learn from and support

each other's chapters. An invitation has also been extended to the Pittsburgh, Penn. Chapter to attend this meeting to give them a chance to meet some of the members from the Region they will be joining in October. The Kentucky and Indiana chapters are also in the process of planning a joint chapter meeting sometime during the next NAWIC year.

Joint meetings aren't just happening at the state level; chapters are also taking advantage of holding a meeting with other chapters close to them. The Toledo, Ohio, Lima, Ohio Area and Detroit, Mich. Chapters held a joint meeting in May. The Northwest Indiana and Kalamazoo/Battle Creek, Mich. Chapters are planning a joint meeting in September.

The start of the last quarter also means that our Annual Meeting and Education Conference (AMEC) in Nashville, Tenn. is just around the corner. In celebration of our "Sounds of Success: 60 years of NAWIC," President Sandy Field has set a goal for all regions to have at least 60 members attend. The North Central Region has 40 members registered so far. Have you registered?

On a final note, July is an important month for us as Americans. Albert Einstein once said, "Everything that is really great and inspiring is created by the individual who can labor in freedom." Who better understands this than members of our great Association who are laboring to enhance the success of women in the construction industry. Happy Independence Day, NAWIC Sisters!



Northeast Region (14) | Catherine D. Schoenenberger

It's amazing what energy there really is when you get together with the women of NAWIC. From the Spring Forum to the different chapter meetings I have attended in this past month, I continue to gain perspective and strength. I hope that you will avail (allow) yourself to the same by actually attending meetings, especially if you haven't been in a while, or ever! I promise you will not be disappointed. The connections are there, as well as the opportunity for personal, professional and spiritual development. This is the true NAWIC value.

Case in point, after the Northeast Region 14 Spring Forum in New Hampshire, I struggled with settling down to my "real business!" NAWIC President Sandy Field's graceful presence and leadership style left us all feeling that we are making a difference and that we are important. She conveyed with such absolute conviction, the incredible NAWIC opportunity, and bolstered the overall message of "her-story" in NAWIC's first 60 years! Our membership rosters are reflecting Sandy's energy and message.

No. 1 of Rhode Island is no longer in "small chapter" status and the Greater Rochester, N.Y. Chapter's President (and Northeast Region 14's Member of the Year) Melissa Geska recruited four members on the same day!

Many chapters, especially here in the Northeast will be taking their summer hiatus. After the winter we had, I would say that is a necessary track to follow to rejuvenate and refocus for the balance, of what will be, a very busy rest of the year. Enjoy your deep breaths (take them often) and I hope to see/meet you soon. I think Nashville will be a fantastic venue for AMEC. Allow yourself that opportunity. You are so worthy of the NAWIC experience.



Pacific Northwest Region (10) | Rachel Stroup

As we wind down our NAWIC year, I'm reminded of all the great experiences in the last year. I have grown so much from this experience and I thank Region 10 for the opportunity.

Region 10 Chapters are going strong. The San Francisco, Calif. Chapter is going strong having great meetings and recruiting members.

The Santa Clara, Calif. Chapter continues to mentor its members and have great events. It also celebrated its 50th anniversary this year. Great job ladies! The chapter will have a comedy night on July 10 where Lachlan Patterson will be the headliner. This is a great way to bring members together to have a great time.

The Sacramento, Calif. Chapter holds very informative meetings and continues to grow the chapter.

The Fresno, Calif. Chapter is on fire! The chapter had a great luncheon last month with a great turn out and great raffles. I enjoyed the day very much. We will be celebrating Fresno's 40th anniversary in August. Congratulations!

The Guam Chapter is continuing to grow and mentor its members. I hope to see them at AMEC in Nashville.

We are all looking forward to being the Pacific Northwest Region and working with our Director-Elect Ruth Fritts.



Pacific Southwest | Lorelee Langworthy, CBT, CDS, CIT

The Pacific Southwest Region welcomes you to summer. By now all of your Regions will have held their annual Forums, and we have voted nationally as well as locally for our chapter officers. So you may think it is time to sit back and take the summer off. But wait! Now is the time to start ramping up for the New NAWIC Year ahead of us. Membership is still foremost. National has made it easier to recruit during the summer months with the establishment of the Fourth Quarter Registration Form. It includes the last quarter of the year as well as a full year's membership for those who are joining us. This is a perfect opportunity to encourage friends and colleagues who are "waiting for the new year" to join. Let them know there is no better time than now.

Your Chapter will also be setting up their committees for the coming year, looking for hidden talent and passing on leadership opportunities to those who need a little nudge.

Do you have a particular committee that speaks to you? Do you really enjoy working with young children? Then perhaps Block Kids will be a perfect fit. Do you enjoy encouraging and mentoring young minds? Think about helping out with the CAD/Drafting or Camp Committees. Perhaps you just really like putting on a party. If that's the case, then maybe WIC Week is for you. That is when we celebrate all things NAWIC and you can let your creativity flourish. I am sure your chapter has many more opportunities for you. Don't be shy, step up and volunteer. Remember, you only get out of NAWIC what you put in to it.

The Pacific Southwest Region is looking forward to AMEC in Nashville. I encourage you to make the time to attend this important conference. National has letters you can share with your employers if you need help convincing them of the growth opportunities the conference presents for you and your company. You can find them on the national website. I hope you will join us.

Speaking of joining us, our Salt Lake City, Utah Chapter is hard at work planning the Pacific Southwest Region's APC conference scheduled for Oct. 16-17 in Midway, Utah. Mark it on your calendar and plan a little fall getaway to spend with your NAWIC sisters in a beautiful part of the country. More information will be available as time gets closer.

For now, enjoy your summer, but also participate in any and all events your chapter and region will be holding. We have had a fantastic year so far. Let's keep the momentum rolling.



Southeast Region (2) | Anne Welch, CIT

Congratulations to the Director-Elect for the Southeast Region—Angie McElroy, CIT.

By now you should have elected your 2015-2016 chapter officers. So to all of you that decided to volunteer to be your chapter leaders, congratulations! While it may seem sometimes the chapter board is a thankless job, please remember that we appreciate all you do for the Association.

Chapter Presidents, it's not too early to start planning the next year. Your new Board as well as your Membership Chair, Finance Chair and PDEC Chair should all be aware of your goals for the chapter. Start planning now your tentative speakers/programs for each month. If you are having a hard time finding speakers, do what some chapters in our region have done and focus on your members. Have a member talk about their company and what their role is. You would probably be surprised at how many people don't know what their chapter members do. Planning and advertising (by word of mouth or print) is the key to success to any event.

I hope to see a lot of you in Nashville for NAWIC's 60th anniversary celebration at the 2015 AMEC!

CHAPTER OFFICER REMINDERS

Are you a chapter officer? Get helpful tips and reminders here!

Chapter Presidents

Please be sure to remind members that renewal time is just around the corner, and explain how they will receive their membership renewal invoices. Members with an email address listed in the NAWIC database will be emailed a link to renew online by the end of July (a paper invoice will not be mailed). Members who do not have an email address will be sent a renewal in the mail by the end of July.

It is especially important to remind new members of the renewing dues structure. All members who joined between November 1, 2014 and June 30, 2015 will receive a renewal with prorated national dues. Members who join in July, August or September 2015 are automatically signed up with a Fourth Quarter Membership, which lasts through September 2016.

To decrease the processing time of renewals, we strongly recommend members renew online. NAWIC accepts American Express, MasterCard, Discover and Visa, so renewing online is easy. Also, remind members to keep their information current, especially email addresses. Members can update their information by visiting www.nawic.org > Member Sign In > Member Center > Update Your Info.

Chapter Treasurers

The 2015-2016 Chapter Officers should be elected no later than June 30. It is important to remember that the incoming treasurer may not necessarily be a bookkeeper by trade. To ensure a smooth transition from one treasurer to another, consider scheduling a time to meet with the incoming treasurer to train her on proper record-keeping procedures for your chapter. Since your chapter's finances are important to the chapter's success, it is vital that clear communication and direction is given to the new treasurer.

Even if the incoming treasurer is familiar with record keeping, she will need to know how your particular chapter handles its finances. Don't forget to pass along the Chapter Treasurers Handbook. Let her know you are available throughout the year to answer any questions or assist her in any way.

Also, the IRS Compliance Form for 2015 is available online. It is due to the NAWIC office by Nov. 1, 2015 or immediately after the chapter finance audit is complete.

Chapter Membership Chairs

Is your chapter prepared to welcome new members properly? First impressions can determine whether or not a new member becomes active in her chapter or even if she chooses to renew

her membership. Some ideas taken from the Membership Committee Handbook:

- Provide a badge with her name and company.
- Provide a chapter information packet that includes an up-to-date roster, a list of chapter officers and directors, a current chapter calendar of events, a chapter facts sheet and a list of chapter bylaws, standing rules and procedures.
- Ensure each new member has her mentor, recruiter or seasoned member introduce her, answer questions and sit with her throughout the meeting/dinner.

Welcoming her properly will give her a positive first impression of your chapter and encourage her to get involved.

Safety Newsletter

PDF Version

We are officially into the hot months of summer. Always be mindful of heat stress. According to OSHA, the most serious heat illness is heat stroke. Use this handy quick card from OSHA to keep everyone aware!

July 28th is World Hepatitis Day

Hepatitis is an inflammation of the liver. The condition can be self-limiting or can progress to fibrosis (scarring), cirrhosis or liver cancer. Hepatitis viruses are the most common cause of hepatitis in the world but other infections, toxic substances (e.g. alcohol, certain drugs), and autoimmune diseases can also cause hepatitis.

There are 5 main hepatitis viruses, referred to as types A, B, C, D and E. These 5 types are of greatest concern because of the burden of illness and death they cause and the potential for outbreaks and epidemic spread. In particular, types B and C lead to chronic disease in hundreds of millions of people and, together, are the most common cause of liver cirrhosis and cancer.

Hepatitis A and E are typically caused by ingestion of contaminated food or water. Hepatitis B, C and D usually occur as a result of parenteral contact with infected body fluids. Common modes of transmission for these viruses include receipt of contaminated blood or blood products, invasive medical procedures using contaminated equipment and for hepatitis B transmission from mother to baby at birth, from family member to child, and also by sexual contact.

Acute infection may occur with limited or no symptoms, or may include symptoms such as jaundice (yellowing of the skin and eyes), dark urine, extreme fatigue, nausea, vomiting and abdominal pain.

Leave Fireworks to the Experts

(From the NSC)

In 2013, eight people died and about 11,400 were injured badly enough to require medical treatment after fireworks-related incidents, according to the U.S. Consumer Product Safety Commission. And while the majority of these incidents were due to amateurs attempting to use professional-grade, homemade or other illegal fireworks or explosives, 40 percent were from legal, less powerful devices.

Fireworks also are responsible for thousands of home fires each year. The National Fire Protection Association reports that in 2011, fireworks caused about 1,200 structure fires.

The National Safety Council advises everyone to stay away from all consumer fireworks and to only enjoy fireworks at a public display conducted by seasoned professionals.

Following are some fireworks that are legal for consumers to purchase and use in some states. But just because they are legal doesn't mean they're safe. Check out this video by the NFPA.

Sparklers

Every year, young children can be found along parade routes and at festivals with sparklers in hand, but they are a lot more dangerous than most people think. Parents don't realize they burn at about 2,000 degrees – hot enough to melt some metals. Sparklers can quickly ignite clothing, and many children have received severe burns from dropping sparklers on their feet.

Bottle Rockets

These small rockets are attached to a stick, lit by a fuse and typically fired from a bottle. Teens have been known to have bottle rocket wars, firing them at one another and causing chest, head and eye injuries.

Physicians at Vanderbilt Eye Institute at Vanderbilt University Medical Center have seen so many eye injuries caused by bottle rockets they conducted a study they hope will lead to

better education and “legislative enhancements” on fireworks safety.

“The majority of the children (in the study) ended up with reduced vision, and probably half of those were deemed legally blind,” said Dr. Franco Recchia, associate professor of ophthalmology and visual sciences at Vanderbilt.

Firecrackers

Firecrackers are designed to explode on the ground. They are often linked together by one long fuse and explode in a series. They are designed to be very noisy, but they also can cause burns and other serious injuries.

Three Keys for Getting Their Attention in Training

No matter how much time you have for safety training, chances are you wish you had a little more.

That's why it's important to make sure workers are following every word in training. Here are three keys to make sure that happens:

1. Scan the room. After you make a key point, take a breath and scan the room slowly. This ensures your people know they need to give their undivided attention.
2. Ban phones. In a recent survey, nearly a quarter of workers said it's OK to check text messages during meetings. Set them straight by reminding workers not to bring their phone in or collecting them at the door.
3. Keep it interactive. If workers are kept involved with activities or question-and-answer sessions, they won't be able to stop paying attention in the first place.

Stay Engaged with this FREE Webinar

By the Numbers: The facts and figures you need to know about fall protection

July 23, 2015 at 2pm EST