June 2015

Stay Ahead! The Connection is designed to keep you informed with pertinent Association news. Read up on timely announcements and messages from the NAWIC Board, and learn about the outstanding activities our regions, chapters and members are involved in!

ANNOUNCEMENTS
Get connected to what you need to know!

NAWIC Elects New Region Directors
Some of NAWIC’s soon-to-be-merged regions have elected their newest group of Directors. They will be installed at the 60th Annual Meeting and Education Conference in Nashville, Tenn. Congratulations ladies!

Pacific Northwest Region
Ruth Fritts

South Atlantic Region
Lorie Lythgoe

South Central Region
Dena Rowland

Southeast Region
Angelia McElroy, CIT

Cast Your Ballot by June 15
Plan on exercising your right to vote by participating in NAWIC’s one-member, one-vote election! Below is the official slate of candidates running for NAWIC Office.

President-Elect
Connie Leipard, CIT

Vice President
Amy Berg, CBT, CIT
Stephanie Crane, CIT
Dove Sifers-Putman, CIT

Secretary
Diane Mike, CBT

Treasurer
Jennifer Swinney, CBT, CDS, CIT

Click here to explore the 2015-2016 Candidate Guide. Each voting member should have received voting information by email on May 28, 2015. Be sure and check your junk/spam mail. Eligible voting members without an e-mail address were mailed a ballot on May 28, 2015. Email ballots contain a direct link to the online ballot and step-by-step instructions for voting online. Paper ballots must be postmarked by June 15, 2015. Members classified as Active, Corporate and Member-at-Large are eligible to vote in the National Officer Election.

Voting ends June 15, 2015, at 11:59 p.m. Each ballot will count as one vote. All instructions must be followed in order for a vote to count. For more information about NAWIC Officer Election Procedures, refer to page F-45 (Rev 2/13) of the NAWIC Operations Manual. Your vote is completely confidential. If you have any questions, please contact the NAWIC Office at (800) 552-3506, or e-mail laurim@nawic.org.

Sign Up for Chapter Table Sales at the NAWIC Mini Trade Show Before it’s Too Late
Plans for the 2015 NAWIC Annual Meeting and Education Conference (AMEC) are well under way. The NAWIC Mini Trade Show will be held on Wednesday, Sept. 2, from 10 a.m. to 6 p.m. and Thursday, Sept. 3, from 1:30 p.m. to 6 p.m. Chapters and regions are invited to participate in this event. This program is being offered as a cost-effective method for
chapters to increase non-dues revenue by increasing sales of their NAWIC items. Each chapter will be responsible for collecting sales tax on the items that they sell at AMEC. A form will be given to you so you can give us your sales tax money and we will pay it with one check.

Tables are available to chapters at $100 per table. A maximum of two chapters may occupy one table. Region tables, for three or more chapters, are also available for $150. Space is limited and all tables will be reserved on a first-come, first-served basis.

Reservation forms and the rules and regulations governing the event will be sent to all chapter presidents. You may also download the form and rules online at [www.nawic.org/images/nawic/convention/pdfs/2015_Chapter_Sales.pdf](http://www.nawic.org/images/nawic/convention/pdfs/2015_Chapter_Sales.pdf).

All reservations for tables must be returned to the NAWIC Office no later than July 1, 2015. A check, made payable to NAWIC, must accompany the Reservation Form. Sorry, no verbal commitments or requests will be honored. For more information, contact Dede Hughes at dedeh@nawic.org.

NAWIC members love to buy NAWIC items. Don’t miss out on this once-a-year opportunity to display your items and network with NAWIC members. Return your form today!

### Send in Chapter Dues Updates

The deadline is June 30, 2015.

It’s getting close to renewal time, and the NAWIC Office needs your help to ensure all renewals reflect accurate chapter dues. The Chapter Dues Update Form was e-mailed to all chapter presidents and chapter treasurers on May 26, 2015. To download a Chapter Dues Update Form, go to [www.nawic.org/images/nawic/documents/memberforms/ChapterDuesUpdate.pdf](http://www.nawic.org/images/nawic/documents/memberforms/ChapterDuesUpdate.pdf).

This information is necessary to update the NAWIC Database in order to generate 2015-2016 Online Renewal Invoices. Please complete the Chapter Dues Update Form, and submit it to the NAWIC Office no later than June 30, 2015.

### Send in Chapter Leadership Updates

The deadline is July 15, 2015.

Your 2015-2016 chapter officers should be elected by June 30. Current chapter presidents should complete the Chapter Leadership Update Form and return it to the NAWIC Office as soon as the results are in but no later than July 15. The Chapter Leadership Update Form was emailed to all chapter presidents and chapter treasurers on May 26, 2015. Please note: We only maintain records for the offices of president, treasurer and membership chair. To download a Chapter Leadership Update Form, go to [www.nawic.org/images/nawic/documents/memberforms/ChapterLeadershipUpdate.pdf](http://www.nawic.org/images/nawic/documents/memberforms/ChapterLeadershipUpdate.pdf).

### Advertise in the Daily Bulletin

Would you like to promote your company, announce news or recognize or congratulate someone at the 2015 Annual Meeting and Education Conference? If so, consider advertising in The Daily Bulletin, a daily newsletter distributed to all attendees at NAWIC’s Annual Meeting and Convention on Wednesday, Thursday, Friday and Saturday.

Advertising in The Daily Bulletin is an inexpensive and convenient way to reach members attending AMEC in Nashville, Tenn. To advertise, complete The Daily Bulletin Advertising Form located here. Return the form by July 23, 2015 to autumnd@nawic.org to be included in the Wednesday edition of The Daily Bulletin.

Please note, if you plan to purchase a Daily Bulletin ad on site at AMEC you must supply a camera-ready ad or choose from a limited number of pre-designed templates that will be available.

Limited space is available—first come, first served! For more information, contact autumnd@nawic.org.

### Register for AMEC at NAWIC Online

You do not want to miss NAWIC’s 60th Anniversary Annual Meeting and Education Conference in Nashville, Tenn. AMEC is a wonderful opportunity to experience the power of NAWIC! Registering online is quick and easy. You can pay by check, VISA, MasterCard, American Express and Discover. Click here to register.

#### Registration Rates

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### Don’t Forget to Turn in Your AMEC Credentials

Remember to register for NAWIC’s 2015 AMEC in Nashville, Tenn. Then, remember to send in your credential forms.

Your credential forms may be found at [www.nawicconvention.org > Credentials](http://www.nawicconvention.org > Credentials) and are due to the NAWIC Office on or before July 3, 2015. You may learn more about credentials there as well. Please remember to register for AMEC before you send in your credentials.
We look forward to seeing you in Nashville for NAWIC’s 60th Annual Meeting and Education Conference!

Visit the NAWIC Store’s June Sale

Purchase a gift for fellow NAWIC members or treat yourself to great NAWIC merchandise. The NAWIC store is a one-stop shopping opportunity. New items have been added to the store’s inventory. Be the first person in your chapter to show off these new items.

New NAWIC store items include:

- NAWIC dazzler tumbler, $9
- NAWIC gusseted card case, $9
- NAWIC travel mug, $14
- NAWIC neck wallet, $5
- NAWIC oval key chain, $5

Visit the NAWIC Store online [here](#).

A Green Supply Chain Saves Money

NAWIC Savings Program with UPS®

Your business has its own unique needs and challenges. To remain competitive, you need a design for your supply chain that capitalizes on the most efficient methods available for sourcing, manufacturing, transporting, fulfilling orders, and managing returns. Whether you own your network assets or outsource your logistics and transportation, UPS can make your supply chain more efficient, saving you time and money.

As a member of NAWIC, you have exclusive access to all UPS shipping services at a discounted rate.

- Save Up to 28% on UPS Next Day Air® and Worldwide Express®
- Save Up to 21% on UPS 2nd Day Air®
- Customized discounts on LTL freight shipping (Call for a free quote)

Go Green with UPS®. Enrollment in the NAWIC/UPS Savings Program is free for Members, with no minimum shipping requirements.

Enroll online

Call: 866.443.9303, ext. 4082
Email: upsfreightassociations@ups.com

To learn more, visit [savewithups.com/nawic](http://savewithups.com/nawic).

Help NAWIC Australia Celebrate its 20th Anniversary

NAWIC Australia has invited members of NAWIC U.S.A. to join them as they celebrate their 20th anniversary this October.

If you are interested in going a group of NAWIC members has organized a trip. They have finalized cost and lodging information and the [final itinerary](#) for this fabulous trip!

The group will have to act fast to tie down the pricing, get reservations made and get ready to go to Australia! October is “high-season” for Australia so tours are filling up fast!

NAWIC President-Elect Riki Lovejoy will lead the trip. She needs to know if you plan to participate in this fabulous trip by 5 p.m. Monday, June 1, 2015.

Please read the [full itinerary](#) and email Riki at rlovejoy@rfl-consulting.com if you’d like to sign up or have any questions. She can also be reached at 407-443-3423.

Participate in a study on women’s work wear

Have you ever despaired at the lack of work wear for women? If so, you now have a chance to make a difference. A graduate student at the University of Oregon is conducting research into protective and functional apparel for women.

If you would like to participate, please follow the link below to a short, online survey that will take less than 12 minutes to complete and would greatly benefit this research.

The Survey link can be found [here](#). All responses are anonymous and no identifying information is collected.

Women of color in the construction industry needed for research study

Are you a woman of color working in the construction industry? If so, now is your chance to be heard. NAWIC members have the opportunity to participate in a study on how mentoring effects career advancement success for women of color working in the construction industry. Please contact Serena Parker at sfranklin@desu.edu if you are interested in participating in this study.

[Click here](#) to view more details about the study.
CORNERSTONE
Get connected to the latest news from NAWIC Committees.

PR & Marketing
By Wanda J. Bledsaw, PR & Marketing Chair, and Diandra Staples, PR & Marketing Co-Chair
Hello sisters of NAWIC. We are halfway through the PR/Marketing term and each region nationwide has exceeded the “Take Aim for NAWIC” concept. National PR/Marketing awards will be a tough decision to make and we still have many months left to determine national awards. Bullet points monthly still count. Thanks to everyone for pushing forward. PR and Marketing committees have done an awesome job!

Some of the new ideas for PR and Marketing include the use of MailChimp and Constant Contact to get the word out via email.

Some of the chapters have updated their websites, including links to chapter newsletters, as well as links to the regional and national websites.

Some chapters have fully embraced social media, and added Twitter and LinkedIn accounts to their already busy Facebook feed.

A minimum of three press releases is needed each month in order to promote membership. The more the merrier. Press releases and potential members go hand and hand.

We are so proud of each PR and Marketing chapter committee and the effort they give to our Association in getting the word out.

Karianne Tyler is PR and Marketing Chair of the San Diego, Calif. Chapter #21 and has produced a NAWIC Resource Guide that will be added to our national toolbox soon. Below is an excerpt from her resource guide for a quick press release. Please bring all press releases back home to your chapter with your website address, email or contact person. Kudos to Karianne. This was very well written.

Great Press Release:

NAWIC Meets Membership Employers’ Needs
As an employer, you know you have basic needs that must be met for your business to remain competitive. You must have dedicated multi-skilled employees, increased productivity and company recognition. As the premier Association for women working in the construction industry, NAWIC meets employers’ needs by:

• Developing and promoting industry values and culture.
• Offering exposure to new skills and technology updates.

• Promoting professional certifications, coaching and mentoring.
• Generating publicity through community service projects.
• Building a strong industry by promoting NAWIC Education Foundation’s (NEF) K-12 programs to the future workforce.

(Include your website, email address or contact person. Bring the reader back home to your Chapter)

Happy NAWIC press releases!

NAWIC/OSHA Alliance
By Schelle Wood, NAWIC/OSHA Alliance Chair
The NAWIC/OSHA Alliance seeks to prevent heat illness with revised heat safety tool app and promotion of ‘Don't Fry Day’

As summer approaches and outdoor temperatures begin to rise, OSHA is once again informing the public about its Heat Safety Tool app to help protect workers from heat illness, which is available on iOS and Android devices in both English and Spanish. OSHA has updated the version for iPhones, which now offers full screen color alerts for all heat conditions, improved navigation and accessibility options, and compatibility upgrades. The heat app provides heat illness prevention guidance specific to the user’s current outdoor workplace conditions using weather data provided by the National Oceanic and Atmospheric Administration. The new version provides the daily maximum heat index intended to help prepare for extreme heat and plan work schedules accordingly. More than 187,000 users have downloaded this life-saving app.

OSHA’s heat app was updated in-house and is fully open source, so app developers from across the country can access the code and contribute to or improve the app themselves. The heat app’s code is available online.

As part of its Heat Illness Prevention Campaign, OSHA also joined the National Council on Skin Cancer Prevention to promote “Don't Fry Day” on May 22. “Don't Fry Day” is an annual event—taking place on the Friday before Memorial Day—that seeks assistance from the media to help educate the public about the danger of extreme heat and ultraviolet radiation.
OSHA's updated “It’s the Law” poster helps prevent injuries and protect workers’ rights

To help ensure that workers have a voice in their workplaces and the protection they deserve, OSHA recently unveiled a new version of its "Job Safety and Health – It’s The Law!" poster. The poster informs workers of their rights, and employers of their responsibilities. It has been updated to include the new reporting obligations for employers, who must now report every fatality and every hospitalization, amputation and loss of an eye.

OSHA’s “It’s the Law” poster is free and can be downloaded online. Employers must display the poster in a conspicuous place where workers can see it. Previous versions of the poster do not need to be replaced.

National Safety Stand-Down reaches millions of workers

Since May 4, millions of workers and thousands of employers have paused to focus on preventing falls in the workplace. As National Safety Stand-Down to Prevent Falls in Construction wraps up, businesses from around the country and across the globe have participated in this year’s record-setting campaign. If you were not able to participate this year it is not too early to pencil in next year for your company.

U.S. Transportation

By Cari L. Durbin, U.S. Transportation Chair

I often think, as I travel from one place to another and encounter construction work that I cannot complain about traffic backups. It’s construction! It is my livelihood and the same for so many other NAWIC members. Members may not be directly involved in the highway and bridge construction business, but everyone is affected by surface transportation.

So, there we were, myself and two other chapter members, traveling to our Northeast Region 14 Spring Forum in Portsmouth, N.H. What did we encounter besides an additional two hours of travel time? Construction of course! And what else did we see? There is a lot of truth about the condition of roads and bridges. The need for work is everywhere. The other need was obvious and that was the capacity of the highways does not service the amount of traffic they have to accommodate.

A national private non-profit transportation research group, TRIP, researches, evaluates, and distributes economic and technical data on surface transportation issues. They promote transportation policies that help relieve traffic congestion and its impact on air quality; improve road and bridge conditions; make surface travel safer; and enhance economic productivity. TRIP’s work helps insurance companies, equipment manufacturers, distributors and suppliers, businesses involved in highway and transit engineering and construction, labor unions, and organizations concerned with an efficient and safe surface transportation network that promotes economic development and quality of life.

What does TRIP have to say about all this? Here are a few points to ponder:

• Underground infrastructure, water and sewer systems that date back to the late 1800’s are in dire need of replacement.
• The value of goods shipped in the US in 2012 was $13 trillion.
• Every $1 invested in public transportation generates $4 in economic return.
• Every $1 billion invested in public transportation leads to more than 50,000 jobs. These are good jobs in every field from construction to accounting and information technology.
• Every $10 million in public transportation operating investment yields $32 million in increased business sales.
• Public transportation makes it possible for 39 million Americans with disabilities to be more independent.

The surface transportation law expired at the end of May. Congress is considering another extension, the 33rd one in six years, which will be only a short-term fix. What is needed? A long-term solution. The solutions being discussed include some contentious issues including some kind of increased tax and that is never a popular decision. The most important issue is what can be done as we face what will only be the continuing need for infrastructure improvements.

NATIONAL OFFICER’S MESSAGE

Elect, Evaluate and Plan!

By Amy Berg, CBT, CIT, NAWIC Secretary

Forum season is done. Did you attend and get rejuvenated for NAWIC? Were you inspired to take on a leadership role and/or just become more active? Although Forum is where you conduct the business of the Region it is also a time to learn more about NAWIC and all the wonderful women that are out there to mentor us. Through the speakers and networking events we continue to educate ourselves to help us grow in both our personal and professional lives.

We are now going into another phase of the NAWIC year—elections and starting plans for the 2015-2016 year. By the time you read this you should have received your national ballot either via email or mail. It only takes a few minutes to vote so have you voted? Let your voice be heard and vote for the candidate(s) that you want leading NAWIC into the future. Even if a candidate is running unopposed, show them your support by voting for them. Some of the Regions have elected a new Region Director for the 2015-2017 years. Congratulations to all the incoming Director Elects. In March or April you should have elected your chapter nominating committee. By now they should have met, contacted the members to see who is interested in taking that next step on the “Leadership Ladder” and said yes to serving in one of the officer or board positions. If you haven’t already done so, you will need to elect your officers and board for the coming year by the end of June and let the NAWIC Office and your Director know who your incoming leadership team is.

You have your leadership team in place; now what? Now is the time for the outgoing and incoming leadership teams to get together to plan for the coming year. Presidents, when selecting your committee chairs and their team, don’t just ask for volunteers, contact them individually. Letting members know you believe they can do the job is a very important personal growth opportunity for an individual who may want to take it on but is hesitant and unsure. Sometimes we all need that little extra boost in our confidence to take that next step.

Does your chapter have a Strategic Plan? Do you review it each year? Have you done a “Chapter Self-Evaluation” to find out how you are doing and where you may need help? There are two forms available on the NAWIC website, one to do at midyear and one to do at the end of the year. These forms can be found under “Member and Chapter Forms” and they are the first two forms under “Chapter and Membership Department.” These evaluations forms are helpful for you find out if you are holding enough board and membership meetings each year as well as the types of meetings. The first page of the form covers the events you have going on during the year and what category they fall under—membership, fundraiser, partner, community service, etc. Some may fall under more than one category. The second page covers a variety of questions which include: membership recruiting and retention, how you plan your monthly meetings, what types of PR and marketing you use, do you get sponsors to support your chapter, does your chapter budget for a representative to the regional and national meetings and also a SWOT analysis. What is a SWOT analysis? SWOT is analyzing your Strengths, Weaknesses, Opportunities and Threats. You can find a lot of information on how to perform a SWOT analysis and how to use it to help you plan for the future of your Chapter and NAWIC.

I know many of you are thinking, “Another form to fill out!” This form was created to not only help the Strategic Planning Committee and Board know how chapters were doing and where they need help, but for the chapters see where they excel or if they need to seek assistance. Take this form to your strategic planning meeting and use it to help you plan for the future.

As you plan for the coming year, will you have representation at the 60th Annual Meeting and Education Conference? Register now to join us at the Omni Hotel in Nashville, Tenn. to meet the 2015-2016 board and committee chairs as they share their plans for the coming year.
Midwest Region (13) | Diane I. Mike, CBT

Congratulations to the Greater Sioux Falls, S.D. Chapter #237 for hosting a great final Forum for Midwest Region 13. Our 40th anniversary was celebrated in style and class and members left South Dakota with a renewed NAWIC spirit. Isn't that always the way it goes when you attend a regional or national NAWIC conference? The camaraderie between the members strengthens, friendships are forged or renewed, and NAWIC wins all the way around.

Successful and memorable Forums were held all across the country over the past couple of months. Region mergers are being finalized with great expectations of positive results. The merger of Region 6 and Region 13 is a combination bringing back together a region split apart 40 years ago. Midwest Region 6 Director Debbie Speake will be the first Midwest Region Director and I know she will do an awesome job. Congratulations Debbie! With more than 500 members, the Midwest Region will continue to grow and flourish under Debbie’s leadership.

Regions are not the only mergers. In Midwest Region (13), the NAWIC National Board approved the merger of O’Hare Chapter #193 and Chicago Metro Chapter #325 at the Mid-Year Board Meeting. This merger has been nothing but positive. The combined chapters have increased membership, found a renewed NAWIC spirit in their members, and have enhanced their educational offerings.

Greater Omaha, Neb. Chapter #116 also deserves a round of applause. This little chapter has come alive and gained four members in the month of April. If their membership drive continues they will finally be removed from the small chapter list. They only need three more members to join to make that happen and I know they can do it.

In closing, I would like to give special recognition to our members who received longevity pins at Forum this year:

- Robin Clarke, Black Hills, SD – 25 years
- Denise Spindel, Quad Cities/Moline, Ill. – 30 years
- Mary Buczek, Quad Cities/Moline, Ill. – 30 years
- Joyce DeLatour, Chicago Metro, Ill. – 30 years
- Barbara Knuth, Chicago Metro, Ill. – 30 years

Thank you ladies for all your years of service and commitment to NAWIC.

Northeast Region (1) | Sharon B. Adkins

Every summer my son attends YMCA Day Camp for a few weeks. During each camp session the students are divided into groups and they earn points to determine by the end of the session which group has the most spirit and wins the coveted Spirit Award.

I have had the privilege this spring to attend two forums. My own Northeast Region (1) Forum in Alexandria, Va. and the Northeast Region (14) Forum in Portsmouth, N.H. What I experienced during these two weekends was an abundance of NAWIC Spirit! These women, from all generations, demonstrated their enthusiasm for the work that they do in the industry and with the Association, and their eagerness to share their passion and to encourage others. Imagine the possibilities when these two regions come together!

In keeping with that spirit, this month three Northeast Region (1) Chapters—Baltimore, Philadelphia and Wilmington—are joining together for a group event at “Diggerland Construction Theme Park” in New Jersey. In addition, the Wilmington, Del. Chapter #96 is celebrating its 50th anniversary!
I encourage all chapters to keep that NAWIC spirit going over the summer, especially those of us in the northern states who had a rough winter! Don’t take a “vacation” from NAWIC. Instead take advantage of the great weather. Host an outdoor networking or membership recruitment event. Schedule a job site tour.

NAWIC Spirit is contagious. Spread some around and have a wonderful summer!

South Atlantic Region (11) | Samantha Hedgepath

Wow! What a year it has been so far. I have been looking at the membership reports and the whole country is on fire with NAWIC ladies doing their thing. I am so proud to be part of this Association. Over the last few months we have celebrated WIC Week, the Easter Holiday and held our regional Forums. What a busy time in our world just as the construction industry starts getting ramped up for summer.

The South Atlantic region has been working hard this year and it’s showing in our numbers. As of May 1, we have added 54 new members to our ranks and we are only 33 away from hitting our goal for the year. We are definitely on track to hit our goal this year. While we still have some chapters struggling, most of chapters are growing. We have four chapters who have hit the 85 percent retention and 20 percent growth already—Durham, N.C. Chapter #83; Greenville, S.C. Chapter #104; Columbia, S.C. Chapter #113; and Charlotte, N.C. Chapter #121. We have three chapters who are only one member away from hitting that goal, so who’s going to make the “Super Star” list next? Will it be Asheville, N.C. Chapter #154; Fayetteville, N.C. Chapter #168; or Greater Greenville, N.C. Chapter #335. Or will Roanoke Valley Chapter #226 blow it out the water and bring in the two new members they need? It’s a close race and anyone can make the list.

I’d like to give a personal thank you and shout out to the Charlotte, N.C. Chapter #121 who added 17 new members this year! You ladies are blowing it out of the water!

May 1-3, the South Atlantic Region held its 48th Annual Spring Forum in Virginia Beach, Virginia. It was masterfully crafted by the Greater Tidewater Chapter #137 host chapter, who put all the finishing touches on a great event. I’d like to give a big thank you to Debbie Knight, Forum Coordinator and every member of the Forum Committee. You all did a fabulous job! I also wanted to say thank you to Debbie Sawyer for her hard work on the candy, jewelry, and banquet decoration. It’s members like you who make this Association a little extra special.

Virginia Beach was a wonderful event with wonderful speakers, entertainment and workshops. I heard everything from great event to the best conference I have attended from our members. Congratulations to all award winners and thank you all for giving me the honor of being part of awarding so many awards. It was a great night!

Last, but certainly not least, I’d like to say congratulations to the Richmond, Va. Chapter #141’s own Lorie Lythgoe for being the newly elected Director-Elect. I am so proud of you for taking your next step on the NAWIC ladder and I look forward to your leadership. Lorie will be a prized asset to the national Board of Directors, as she is full of energy and ready to take on the task at hand. I know that she will learn and soak in all that she can at the Board Orientation coming up and will be ready to provide a very educational summer leadership.

South Central Region (5) | Miki Haas, CIT

Region 5 had a terrific Final Forum in Biloxi, Miss. with all the chapters represented including some Chapters from Region 7. Amy Berg did a terrific job as our representative. The two director candidates outdid themselves in getting to know our members.

The exciting news is that Region 5 gained 36 new members as of Forum. Way to go ladies. Give them a task and they roll up their sleeves and get to work.

The excitement is still high because of the merger and with voting going on this week for the new director, I don’t see the excitement dying down anytime soon.

This Director is planning to get a little rest and get ready for AMEC. The buzz is going around that we may have all of the Chapters represented in Nashville. That would be great. We are encouraging every member every chance we get.
South Central Region (7) | Jennifer M. Swinney, CBT, CDS, CIT

Although we are halfway through the NAWIC year, Region 7 shows no signs of slowing down! All eight chapters have dedicated themselves to retaining and recruiting new members this year, and we are already at a total membership of 387, which is 40 members more than we had this time last year! We had two chapters reach 100 percent retention—the Corpus Christi, Texas Chapter #4 and the Waco, Texas Chapter #14! Additionally, the Houston, Texas Chapter #3 has already brought in 19 new members this year, and the Dallas, Texas Chapter #2 and San Antonio, Texas Chapter #11 have each recruited 14 new members! Overall, our region has increased by 23 percent and we still have four months to go! Incredible!

The most exciting news is the recent addition of two new members to our Corpus Christi, Texas Chapter #4, putting them at a membership total of 14 terrific women! They are diligently working hard to remove themselves from the “small chapter” list. With their enthusiasm and excitement growing in the chapter, I think they will quickly hit this goal! The Region is so proud of them, and behind them 100 percent!

Region 7 is a group of amazing women spanning a multitude of decades, but we all share one common goal. We are all in this Association because we believe in the core purpose of NAWIC—to enhance the success of women in the construction industry. We are all anxiously awaiting the announcement of the new Region Director, and we are so proud of candidates Rhonda Nebgen and Dena Rowland for throwing their hats into the ring and campaigning as friends! Thank you, ladies, for demonstrating the core purpose of NAWIC first-hand.

Southeast Region (3) | Jill Hanson, CIT

Several Southeast Region (3) members attended Region 2’s Forum in Atlanta, GA. It was a great opportunity to get to know some of our new sisters. We are so excited about the redistricting and we are ready to join with our Region 2 sisters to become the Southeast Region.

From soaking up the sun and snorkeling to networking and building relationships, Region 3’s Forum 2015 was a huge success. Pearls, Pumps and Hard Hats – From the Field to the Boardroom, hosted by Miami, FL Chapter #41 and held in beautiful Key Largo, FL. It was truly an unforgettable weekend and the perfect was to say goodbye to Region 3. We had a mix & mingle hosted by the Greater Orlando, FL Chapter #73 on Thursday evening. Our Friday evening welcome reception was a white party held at a beach patio, complete with live music and games. After the Reception, several chapters hosted a Room Crawl with themed hospitality suites (Bourbon Babes, Margarita Room, Mardi Gras, confection concoctions to name a few). Saturday was full of general session with keynote speaker Coty Fournier, speaking on the Surprising DNA of Construction’s MVP’s. Representatives from Miami Dade College spoke to us about the Round who4 Trade Adjustment Assistance Community College and Career Training (TAACCCT) Grant they have been awarded, and representatives from the Florida Department of Transportation spoke to us about Disadvantaged Business Enterprise Programs. We had breakout sessions in the afternoon, which included: How can USF Safety Florida help Small Business and OSHA Updates; Teamwork 101: Just Who are You and What Do You Bring to the Party?; Construction Defects and Litigation: An Overview of Design, Construction & Legal Considerations for 2015 and Beyond; and finally Financial and Tax Implications in 2015 for Construction Companies. The past directors of Region 3 held a private reception prior to the Director’s Reception and Banquet to give the new Director a chance to ask questions and discuss concerns. The Saturday evening banquet brought the event to a close with awards, laughs and tears.

Region 3 isn’t done yet though. Our chapters are staying busy through the summer with meetings and community events. AMEC is right around the corner and the new Southeast Region is ready to represent! We’re very excited that it’s in our new region and pretty close to us too. I’m hoping for a big group of attendees from both Region 2 and 3.
CHAPTER OFFICER REMINDERS
Are you a chapter officer? Get helpful tips and reminders here!

Chapter Presidents

Credentials forms are due to the NAWIC Office by July 3, 2015. Forms are available online at www.nawicconvention.org > Credentials. Please note: Even if your chapter will not have anyone attending the Annual Meeting and Education Conference in Nashville, Tenn., it is still necessary to submit the form with “no representation” indicated. This allows the NAWIC Office to submit the proper reports regarding chapters attending the Conference to the National Secretary. Please contact the NAWIC Office if you have questions about completing the forms.

Chapter Treasurers

With the Annual Meeting and Education Conference fast approaching, you may have questions about using chapter funds for Conference costs. Chapter funds can be used to defray all or part of costs incurred by members who attend the Annual Meeting and Education Conference, Forum or Fall Planning Conferences.

However, to avoid problems with the IRS, any member who is reimbursed for all or part of her expenses to attend these functions is required to present a report to chapter members within 45 days of the event. Standing Rule #4 reads: “Any member accepting Chapter funds to attend any Association function shall prepare a report to be either published or distributed within 45 days following the event. The report shall be attached to the appropriate chapter minutes.” This keeps everything in one place in the event the IRS audits a chapter and reimbursements are questioned.

Chapter Membership Chairs

What's the difference between an Active Membership and a Corporate Membership? This is a common question from prospective members. Prospective members often do not understand the difference between an Active Membership and a Corporate Membership. These memberships receive the same benefits, with one exception. The Corporate Membership belongs to a company. The company appoints a female employee to represent the company in NAWIC and can transfer the membership within the company if needed. In contrast, an Active Membership belongs to the individual and is not transferable from one person to another.

Highlights
Discover how members and chapters are enhancing their success.


The American Road & Transportation Builders Association’s (ARTBA) Women Leaders in Transportation Design and Construction (WLTD) Council is now accepting nominations for its annual awards program, which honors the “extraordinary efforts of individuals, companies and public agencies that have demonstrated leadership and dedication to innovation in the transportation construction field as well as the promotion of women leaders within the industry.”

Awards are given in three categories:

- **The Ethel S. Birchland Lifetime Achievement Award:** Named after ARTBA's executive director from the mid-1920s, this award is given to at least one woman who has demonstrated outstanding leadership and long-term service in the industry's public or private sectors.

- **The Glass Hammer Award:** Honors at least one company in the transportation construction industry that has innovative programs and activities directed at successfully promoting women leaders within their organization.

- **Future Industry Spotlight Award:** Recognizes two women students enrolled in undergraduate or graduate studies at a U.S. college or university who have achieved outstanding academic records and demonstrated extraordinary leadership skills within and outside of the academic environment.

Winners will be recognized at a special awards luncheon during ARTBA's National Convention, to be held Sept. 27-29 in Philadelphia.

ARTBA membership is not required. Nomination forms are available under the “Awards & Scholarships” section of www.artbatdf.org and must be received by Aug. 21. Contact ARTBA's Kashae Williams at 202-289-4434 or kwilliams@artba.org with any questions.

Established in 1902, Washington, D.C.-based ARTBA is the “consensus voice” of the U.S. transportation design and construction industry before Congress, federal agencies, the White House, news media and the general public.
I would like to first and foremost congratulate all of our regional safety winners! 
Thank you for helping us accomplish our goal of participation from every region! 
Be sure to attend the awards gala at AMEC to see which companies win overall!

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<th>Region</th>
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JUNE IS NATIONAL SAFETY MONTH!

Let’s focus on a couple summer safety topics

**Bike Safety**
- Ride a bike that’s the right size for you
- Check the brakes before you ride
- Always wear a bike helmet
- Wear bright colors and/or reflective tape
- Ride in the same direction as cars

**Cookout Safety**

- Never use gasoline to start a fire - it is much too dangerous to use on grills.
- Use charcoal lighter fluid only before the fire is lit. If you try to make a fire bigger by adding more fluid, the heat from the coals may ignite the stream of fuel and burn back into the can, causing it to explode in your hands.
- Try using a U.L. approved electrical starter in place of lighter fluid.
- **Never use a grill on apartment or condominium balconies.** This practice is one of the biggest dangers with grills. It is unsafe and against the law.
- Place grills away from structures so they will not tip over or ignite objects above them.
- Keep a garden hose or a portable fire extinguisher handy in case the fire gets out of control.
- Never bring a grill into the home. The carbon monoxide produced by burning charcoal can be dangerous, even deadly, in an enclosed space.
- Keep children and pets away from fires and grills. It only takes a second for curiosity to cause a serious burn.
- Though coals may appear to be cool, always soak them with water. Coals retain enough heat to reignite for days after the fire.
- If your bag of charcoal gets wet, leave it in a well ventilated area away from the house. During the drying process spontaneous ignition can occur in confined areas.
Stay Safe at Work!

Staying safe and healthy at work is very important. If you don't work in a safe way, you can get hurt or sick. Back injuries are the most common type of workplace injury.

There are things you can do – both at work and at home – to lower your chances of getting hurt or sick.

Take these steps to prevent injuries and stay healthy at work:

- Lift things safely.
- Arrange your equipment to fit your body.
- Take short breaks and stretch your muscles.
- Wear protective equipment.
- Ask about health resources at work.

It's also important to:

- Get enough sleep.
- Eat a healthy diet and stay active.
- Watch your weight.
- Take steps to manage stress.

STAY ENGAGED WITH THIS FREE WEBINAR
Fall Protection...OSHA’s Expectations & Reality
June 24th at 11am EST
Click here to register now!